

Childhood Obesity Prevention Community Resource Group

Community Resource Guide for Providers

Arizona

August 2016

The Community Resource Guide is made up of organizations in Arizona that work in childhood obesity prevention. This guide is intended to help providers and organizations know what resources and organizations exist in the community in order to form partnerships, refer clients and work towards combating obesity in Arizona.

Organizations

- Arizona Alliance for Community Health Centers
- Arizona Chapter of the American Academy of Pediatrics
- City of Phoenix Birth to Five Program
- City of Phoenix- Latino Institute
- City of Phoenix- Nutrition Education and Training Program (NEAT)
- Conifer Health Solutions/ Phoenix Health Plan
- Hope Women's Center
- Native Health
- Office of Community Wellness and Health Promotion (Maricopa County Dept. of Public Health)
- Phoenix Children's Hospital- Kohl's Fit
- The REACH Institute at ASU- The Family Check-Up for Health (FCU4H)
- St. Mary's Food Bank Alliance
- University of Arizona Nutrition Network (UANN)- Maricopa

Organization Name: Arizona Alliance for Community Health Centers

Address: 700 E. Jefferson Street, Suite 100, Phoenix, AZ 85034

Main Phone Number: 602-253-0090

Contact Person: Erika Martinez

Title: Grassroots Coordinator

Email: erikam@aachc.org

Phone Number: 602-288-7542

Brief Summary of Organization:

The Arizona Alliance for Community Health Centers (AACHC) is the Primary Care Association (PCA) for the State of Arizona. All states have one designated PCA to advance the expansion of the Health Center Program and advocate for the health care interests of the medically underserved and uninsured.

AACHC, as a result, has many programs to assist member community health centers and the disadvantaged populations they serve. These programs vary from centralizing financial information and educational opportunities for members to peer networking committees for sharing of best practices.

Organizational Goals:

Provide access to quality healthcare in Arizona's underserved communities

Programs and Services offered:

- Basic primary care related to family medicine, internal medicine, pediatrics, obstetrics, or gynecology
- Diagnostic laboratory and radiology services
- Preventative health services including prenatal and perinatal care, immunizations, pediatric screenings, family planning services, and preventive dental care
- Care for acute and chronic conditions
- Pharmaceutical services as appropriate
- Referral services
- Patient case management, including counseling, referral, and follow-up services
- Services that enable patients to access the health center, such as outreach, transportation, translation and interpreter services
- For the uninsured, a sliding fee schedule that takes into account the patient's family size and income

Populations served:

Special populations (Veterans, people experiencing homelessness, LGBTQ community, etc.), people in underserved communities, adults and children

Locations where services are offered:

Over 150 sites across Arizona

Agencies and organizations currently working with:

- Adelante Healthcare
- Canyonlands Healthcare
- Chiricahua Community Health Centers, Inc.
- Circle the City
- Community Health Center of Yavapai
- Desert Senita Community Health Center
- El Rio Community Health Center
- Maricopa County Health Care for the Homeless
- Maricopa Integrated Health System (Look-Alike)
- Mariposa Community Health Center
- MHC Healthcare
- Horizon Health & Wellness
- Mountain Park Health Center
- Native Health
- Neighborhood Outreach Access to Health (NOAH)
- North Country HealthCare
- Sun Life Family Health Center
- Sunset Community Health Center
- Terros (Look-Alike)
- Tuba City Regional Health Care Corporation
- United Community Health Center – Maria Auxiliadora, Inc.
- Valle del Sol
- Wesley Health Center

Organization Name: Arizona Chapter of the American Academy of Pediatrics

Address: 2600 N. Central Ave., Ste. 1860, Phoenix, AZ 85004

Main Phone Number: (602) 532-0137

Contact Person: Doreen Pollack

Title: Director of Programs

Email: Doreen@azaap.org

Phone Number: (602) 532-0137 x410

Brief Summary of Organization:

Since 1979, the Arizona Chapter of the American Academy of Pediatrics (AzAAP) has been the state's leading professional pediatric organization dedicated to promoting the physical, mental, and social health and well-being of Arizona's children. The Chapter's membership consists of approximately 1,100 health care professionals supporting and championing key child health programs, including early childhood literacy, childhood obesity, immunizations, and guaranteeing that Arizona's children have the best health care available.

Organizational Goals:

Our mission is to improve the health of Arizona's children and support the pediatric professionals who care for them.

Programs and Services offered:

AzAAP's initiatives are focused in the areas of Poverty and Child Health, Early Brain and Child Development, and Quality of Care and Child Safety. AzAAP programs serve approximately 140,000 children annually. Statewide programs include:

- The Medical Services Project (MSP) offering acute and episodic care for uninsured and underinsured school-aged children.
- The Reach Out and Read Program preparing children to succeed in school by partnering with doctors to distribute books and encourage families to read together.
- 5210 AZ Way to Go combating childhood obesity by informing families of the importance of eating 5 fruits/vegetables, limiting screen time to 2 hours, getting at least 1 hour of physical activity, and drinking 0-1 sweetened beverages daily.
- Pediatric Prepared Emergency Care working with hospitals to ensure emergency rooms are prepared to care for Arizona's children.

Populations served:

Arizona children and their families as well as the pediatricians who care for them.

Locations where services are offered:

Programs are administered out of the AzAAP office in Central Phoenix as well as out of pediatric offices, clinics and hospitals across the state.

Agencies and organizations currently working with:

Statewide partners and community resources vary by program. AzAAP works closely with the Arizona Department of Health Services on several related initiatives.

Organization Name: City of Phoenix Birth to Five Program (formerly City of Phoenix Early Head Start and Head Start Programs)

Address: 200 West Washington Street, 17th Floor, Phoenix, Arizona, 85003

Main Phone Number: 602-495-7050 (Early Head Start) and 602-262-4040 (Head Start)

Contact Person: Alice Haverland

Title: Head Start Dietitian

Email: alice.haverland@phoenix.gov

Phone Number: 602-534-3330

Brief Summary of Organization:

To develop a foundation of knowledge, skills, and life-long learning by building strength and well-being with families, children, and communities.

Organizational Goals:

Children, families, and communities are engaged and connected to ensure school readiness for all children.

Programs and Services offered:

Our program provides home and center based preschool for children birth to five years old. Additionally, our program provides mental health, nutrition, and oral health education to our children and families.

Populations served:

Children from birth to five years of age who are income eligible and live within the City of Phoenix

Locations where services are offered:

Various daycares and elementary schools within the City of Phoenix

Agencies and organizations currently working with:

St. Vincent de Paul; Arizona School of Dentistry and Oral Health

Organization Name: City of Phoenix (PRD) –Latino Institute

Address: 2700 N 15th Ave, Phoenix, AZ 85007

Main Phone Number: 602.262.7442

Contact Person: Dory Ludwig

Title: Co-Chair of Latino Institute

Email: dory.ludwig@phoenix.gov

Phone Number: 602.262.7424

Brief Summary of Organization:

The Latino Institute, a program of the city of Phoenix Parks and Recreation Department is an alliance of individuals, government agencies, businesses and community organizations dedicated to ensuring the quality of life for all.

Organizational Goals:

OUR MISSION: To enhance the quality of life for all communities through a collective effort that recognizes the richness of the Latino culture, its contributions to society, and its challenges for the future.

Programs and Services offered:

Through a unique design that includes various special events and community outreach, the Institute seeks to present lectures, panels, workshops, and/or multimedia presentations that will actively engage participants of all age groups and socioeconomic backgrounds in meaningful dialogue that contributes to the heart of our community.

Populations served:

All age groups and socioeconomic backgrounds in meaningful dialogue that contributes to the heart of our community with a focus on children and families.

Locations where services are offered:

City of Phoenix

Agencies and organizations currently working with:

- American Red Cross
- Association of Supportive Child Care
- Arizona PBS
- AZ Dept. of Health Services- Sun Wise
- AZ Game & Fish Department
- AZ Science Center
- Azteca TV
- AZ United
- Bookmans
- Boy Scouts of America
- Boys and Girls Club- Phoenix Metro
- Blue Cross Blue Shield
- Bureau of Land Management
- Chicanos Por La Causa
- Children's Museum
- City of Phoenix Equal Opportunities Dept.
- City of Phoenix- Lead hazard
- City of Phoenix Nutrition Program
- Consulate General de Mexico
- Curacao
- Cute Smiles 4 Kids
- DPI Ambassadors
- Fiesta Mexicana
- Fire Department
- The First Tee of Phoenix
- Girl Scouts
- Grace Lutheran Church
- Health Choice
- Heritage Square Foundation
- Home Depot
- JC Penney
- Magic Smiles Dental
- Maricopa County Environmental Services
- Osborn School District
- Party Professionals
- Playworks
- Peter Piper Pizza
- Phoenix Plays
- Phoenix Children's Hospital- Obesity Prevention
- Phoenix Police
- Phoenix Public Library- Burton Barr
- Preventive Health Collaborative Maricopa County Dept. of Public Health
- Public Works- City of Phoenix
- Radio Compesina
- REI
- Salvation Army Kroc Center
- Sea Life Arizona
- Sister Cities TaiPei
- SRP
- Telemundo Arizona
- Teleritmo de Arizona
- Watermills
- YMCA Lincoln Family Downtown

Organization Name: City of Phoenix Parks and Recreation, Nutrition Education and Training (NEAT) program

Address: 2700 N. 15th Avenue, Phoenix, AZ 85007

Main Phone Number: 602-495-7238

Contact Person: Lisa Quiñonez

Title: Recreation Coordinator II / Nutrition

Email: lisa.quinonez@phoenix.gov

Phone Number: 60-495-7238

Brief Summary of Organization:

Nutrition Education and Training (NEAT) has been funded by USDA's Supplemental Nutrition Assistance Program (SNAP-Ed) since 1991. The grant is administrated through the Arizona Department of Health Services Nutrition Network (AzNN) and contracted through the University of Arizona Nutrition Network and Maricopa County Department of Public Health Services. As part of AzNN, NEAT provides comprehensive programs addressing local needs related to nutrition, physical activity, and obesity prevention utilizing evidence-based strategies and resources in PAC afterschool settings that qualify for 50% and above free and reduced lunch programs. Summer programs in recreation and school sites are qualified based on the Summer Food Service Program, American Community Survey and the National School Lunch Program. As of October 2015, Policy, System and Environmental change strategies include: Food Systems, Active Living and Direct Education. NEAT provides large scale health, nutrition education and physical activity based programs and events throughout the City of Phoenix.

Organizational Goals:

The grant is to implement comprehensive nutrition and physical activity programs. These comprehensive programs address local needs related to nutrition, physical activity, and obesity prevention utilizing evidence-based strategies and resources. NEAT also provides information, activities and materials at Health Fairs and related City of Phoenix events.

The Focus of SNAP-Ed is:

- Health promotion to help the SNAP-Ed target audience establish healthy eating habits and a physically active lifestyle; and,
- Primary prevention of diseases to help the SNAP eligible population that have risk factors for diet-related chronic disease, prevent or postpone the onset of disease by establishing healthier eating habits and being more physically active.

Programs and Services offered:

- City of Phoenix afterschool programs at 40 Phoenix Afterschool Center (PAC) sites that qualify for 50% and above free and reduced lunch. Evidence-based curricula is the Coordinated Approach to Child Health (CATCH) Kids Club.

- Eight week summer program at 20 Parks and Recreation and School sites qualifying for the Summer Foos Service Program utilizing evidenced-based curricula, Serving Up MyPlate...A Yummy Curriculum
- Nutrition Education staff also train Parks and Recreation in CATCH
- The NEAT program provides a booth and physical activity at qualifying events both large and small in collaboration with several programs and agencies

Populations served:

- School Districts - Balsz, Cartwright, Charter Foundation, Creighton, Deer Valley, Osborn, Paradise Valley, Phoenix Elementary, Pendergast, Riverside, Roosevelt, Tempe, Roosevelt, Tolleson, Washington, Wilson
- Families and youth qualifying for - SNAP Education, 50% and above free and reduced lunch sites, Summer Food Service Program sites, Census ACS Data of CACFP mapper below 185% Federal Poverty Level
- City of Phoenix Council Districts - 1, 2, 3, 4, 5, 6, 7, 8

Locations where services are offered:

- NEAT Office is located out of the City of Phoenix Carriage House located at 2700 N 15th Avenue, Phoenix, AZ 85007.

Agencies and organizations currently working with:

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| <ul style="list-style-type: none"> • City of Phoenix Parks and Recreation
Department - Downtown Division, PAC
Afterschool Program • City of Phoenix Parks and Recreation
Department - Downtown Division, Special
Events Office • City of Phoenix, FitPHX and WalkPHX • City of Phoenix Parks and Recreation
Department - Special Operations Youth
Sports Division, PHX Plays • City of Phoenix Latino Institute | <ul style="list-style-type: none"> • City of Phoenix Parks and Recreation –
Natural Resources Division • City of Phoenix Green Team • Phoenix Children’s Hospital – Kohl’s FitKids
and Geocache program • The University of Arizona Cooperative
Extension, Nutrition Network • Saint Mary’s Food Bank • Arizona Game and Fish • Quincea, Social Enterprise Initiative • Maricopa County Food Systems Coalition • Green on Purpose |
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Organization Name: Conifer Health Solutions/Phoenix Health Plan

Address: 7878 N. 16th Street, Suite 105, Phoenix, AZ 85020

Main Phone Number: 602-824-3700

Contact Person: Michelle Gonzales, MPH

Title: Quality Analyst

Email: michelle.gonzales@abrazohealth.com

Phone Number: 602-824-4018

Brief Summary of Organization:

Phoenix Health Plan provides services to AHCCCS (Medicaid) members in Maricopa County. Statewide, Conifer Health Solutions has a Medicare line of business, Phoenix Health Plans. There is also a Healthcare Exchange (HIX) product, Phoenix Choice. Conifer also has health plans in Texas (Allegian) and Michigan (Harbor Health).

Conifer Health Solutions is part of Tenet Health, which has hospital networks across the U.S. Tenet maintains the Abrazo network in Central Arizona, and the Carondelet network in Southern Arizona.

Organizational Goals: Provide quality healthcare to all members and patients.

Programs and Services offered:

Medicaid, Medicare, and HIX lines of business through Conifer Health Solutions. In-patient and outpatient services through Tenet Health hospital networks.

Populations served:

AHCCCS members (Phoenix Health Plan); Medicare Members (Phoenix Health Plans); Healthcare Exchange/ACA (Phoenix Choice)

Locations where services are offered:

Phoenix Health Plan – Maricopa County only; Phoenix Health Plans & Phoenix Choice - statewide

Agencies and organizations currently working with:

- TAPI
- Head Start,
- FrameShift Group

Organization Name: Hope Women's Center

Address: Phoenix Center - 1640 E. McDowell Road, Phoenix AZ 85006

Main Phone Number: 602-715-0999

Contact Person: Tammy Abernethy

Title: CEO

Email: tammy@hopewomenscenter.org

Phone Number: 480-330-3765

Contact Person: Tiffany DelHousaye

Title: Phoenix Center Manager

Email: tiffany@hopewomenscenter.org

Phone Number: 602-715-0999

Brief Summary of Organization:

Hope Women's Center serves women facing any difficult life situation. Whether they are faced with poverty, domestic or sexual abuse, unplanned pregnancy, unemployment, single parenting, prostitution, drug/alcohol abuse, or family conflict, our trained mentors and teachers are available to help provide assistance, encouragement, support, and the necessary tools to make positive changes for their future.

Organizational Goals:

- 1) To Engage, Encourage and Equip vulnerable women and adolescent girls by providing support for their physical, emotional and spiritual needs
- 2) To offer a wholistic approach to the hurts of life by meeting our clients' needs for material support, education, and spiritual encouragement

Programs and Services offered:

FREE confidential services include:

Mentoring & Support Groups

Education classes (including nutrition & health)

Pregnancy testing/support

Material assistance

Chemical dependency recovery support

Community Referrals

Support for Birth Moms with kids in DCS care

Women's resource room (clothing, personal care items, baby/children care items, household products)

Populations served:

Women and teen girls and their children

Primarily low income

Spanish & English speaking

Locations where services are offered:

Phoenix, Apache Junction, Coolidge

Future: Maricopa, El Mirage

Agencies and organizations currently working with:

Numerous government, local civic groups, businesses and non-profits in Maricopa & Pinal Counties

Organization Name: Native Health

Address: 4041 N. Central Avenue, Building C, Phoenix 85012

Main Phone Number: (602) 279-5262

Website: www.nativehealthphoenix.org

Contact Person: Susan Levy

Title: Communications

Coordinator

Email: slevy@nachci.com

Phone Number: x 3111

Contact Person: Katie

Carpenter

Title: Diabetes Coordinator

Email:

kcarpenter@nachci.com

Phone Number: x 3454

Contact Person: Bea Salazar

Title: Community Health and

Wellness Director

Email: bsalazar@nachci.com

Phone Number: x 3313

Brief Summary of Organization:

NATIVE HEALTH provides primary medical, dental, behavioral health, WIC and wellness services for all individuals.

Organizational Goals:

Programs and Services offered: Primary medical including well child exams, Wellness Warriors (for Native youth ages 7-12, children's obesity and wellness project), Special Diabetes Project for Indians, Community Garden, Cooking Matters and more.

Populations served:

All individuals. Some programs Special Diabetes Project for Indians and Wellness Warriors are only available to Native American families.

Locations where services are offered:

NATIVE HEALTH – Central, 4041 N. Central Avenue, Building C, Phoenix. NHW Community Health Center, 2423 W. Dunlap, Suite 140, Phoenix 85021.

Agencies and organizations currently working with:

- PCH
- City of Phoenix

- Maricopa County Department of Public Health
 - AT Still University
 - ASU
 - UA COM
 - Arizona Department of Health Services
 - DES
 - Community Legal Services
 - USDA
 - St. Mary's Food Bank
 - EAR Foundation
 - SW Human Development
 - 40 other agencies/programs
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Organization Name: Office of Community Wellness and Health Promotion
(Maricopa County Dept. of Public Health)

Address: 4041 North Central Avenue, Phoenix AZ 85012

Main Phone Number: 602-506-9333

Contact Person: Sally Bordeaux

Title: Community Dietitian

Email: SallyBordeaux@mail.maricopa.gov

Phone Number: 602-506-9326

Brief Summary of Organization:

Our office is under the Disease Division which houses the following offices: Office of Vital Registration, Office of Community Wellness and Health Promotion, Office of Epidemiology and Office of Preparedness and Response

Organizational Goals: Disease Control

Programs and Services offered: Office of Vital Registration – birth and death certificates; Office of Community Wellness & Health Promotion- immunizations, child care health consultants, and nurse educators; Office of Epidemiology – communicable disease Epi; non-communicable disease epi and data resources; Office of Preparedness & Response – Public Health Emergency Preparedness and Response

Populations served: Citizens of Maricopa County

Locations where services are offered: throughout Maricopa County

Agencies and organizations currently working with:

- Arizona Department of Human Services
- Arizona Nutrition Network

- Arizona Department of Education
- Food Banks
- School Districts covered by our AzNN grant

Organization Name: Phoenix Children's Hospital- Kohl's Fit

Address: 1919 E. Thomas Rd, East Building Rm 1617, Phoenix, AZ 85016

Main Phone Number: 602-933-3391

Website: www.kohlsfit.com

Contact Person: Allison Gilbert
Title: Program Specialist
Email: agilbert1@phoenixchildrens.com
Phone Number: 602-933-3362

Contact Person: Emily Flanigan
Title: Program Specialist
Email: eflanigan@phoenixchildrens.com
Phone Number: 602-933-3391

Contact Person: LaDon Dieu
Title: Program Assistant
Email: ldieu@phoenixchildrens.com
Phone Number: 602-933-3364

Brief Summary of Organization:

Kohl's Fit is based out of Phoenix Children's Hospital, Center for Family Health and Safety. Kohl' Fit is granted funded through Kohl's and works to prevent childhood obesity using public health practices.

Organizational Goals:

To be Arizona's recognized leader in the field of family health and wellness by:

- Utilizing innovative practices and research-informed strategies to encourage healthy choices and behavior.
- Collaborating with community organizations, local governments, and area schools on program development and education.
- Advocating for healthy families and communities.

Programs and Services offered:

Kohl's Fit works to prevent obesity in children through four different program areas; Fit Clubs, Yoga 4 Classrooms, Adult Nutrition Classes and Geocaching. All programing is free for participants and the organizations/schools.

- Fit Clubs: working with schools in the Valley, we establish before school and after school clubs in order to provide free opportunities for children to get more physical activity in their day.
- Yoga 4 Classrooms: We train teachers and educators in the Yoga 4 Classrooms curriculum and work with schools to help them to integrate it into their school day.
- Adult Nutrition Classes: A five lesson nutrition series for adults in order to teach them a wide range of nutrition topics.
- Geocaching: A free digital treasure hunt provides opportunities for families to be active outside. Kohl's Fit has its own GeoTour for families to participate in.

Populations served:

Children, families and educators in Valley schools

Locations where services are offered:

Kohl's Fit works in Maricopa county and works at several different schools in the area.

Agencies and organizations currently working with:

- City of Phoenix Parks and Rec
- ASU Rec Center
- Native Health

Organization Name: The REACH Institute at ASU, The Family Check-Up for Health (FCU4H)

Address: P.O. Box 876005, Tempe, AZ 85287-6005

Main Phone Number: (480)965-5401

Contact Person: Patti Serrano

Title: FCU4H Field Manager

Email: FCU4Health@asu.edu

Phone Number: (480)965-5401

Contact Person: Cady Berkel, Ph.D

Title: FCU4H Principal Investigator

Email: FCU4Health@asu.edu

Phone Number: (480)727--6144

Brief Summary of Organization:

Childhood obesity is the leading preventable cause of death worldwide. Parent training is an efficacious approach to improving parenting and reducing problem behavior in healthcare settings. The Family Check-Up is one such parenting training program with empirical evidence of delivery in real-world systems of care for culturally diverse and indigent families. Originally designed to prevent problem behavior and substance

use, in two randomized trials the FCU demonstrated long-term collateral effects on obesity, mediated by improvements in parenting. Through the Family Check-Up for Health (FCU4H), we will test the efficacy of the FCU4H, an adapted and pilot-tested version of the FCU for health behavior change grounded in the Childhood Obesity Chronic Care Model. We will conduct a pragmatic clinical trial with family-level randomization in three urban primary care clinics serving ethnically diverse families. Electronic health records (EHR) will be used to identify and recruit a sample of 350 low-income families with eligible. We are enlisting guidance from a local advisory board (LAB) that includes Medicaid payers, parents, and healthcare stakeholders, and a national advisory board (NAB) of leading experts in pediatric healthcare. This trial will produce critical information for stakeholders in deciding whether to support the sustainment and scale-up of this family-centered program, coordinated with primary care, to treat and manage pediatric obesity.

Organizational Goals:

The Family Check-Up for Health has the potential to identify a new childhood obesity intervention that is effective for low-income, ethnically diverse families and cost-effective to implement in primary care settings. The objectives of this trial include:

- Objective 1: Refine the FCU4H adaptation.
- Objective 2: Evaluate the efficacy of the FCU4H.
- Objective 3: Develop and evaluate an evidence-based implementation strategy.
 - o 3a. Evaluate fidelity using observational and automated coding.
 - o 3b. Evaluate the economic impact
 - o 3c. Develop a sustainability plan and prepare for scale up.
- Objective 4. Test FCU4H utilization and satisfaction.

Programs and Services offered:

The Family Check-Up for Health is a program being offered as part of an evaluation funded by the CDC. As part of this evaluation, 200 eligible families will be randomized to receive the FCU4H program and 150 eligible families will randomized to the control condition where they will receive health information as part of their standard care.

Families randomized to the FCU4H will then be scheduled with the FCU4H facilitator. All families, regardless of randomized condition, will complete a full FCU4H ecological assessment comprised of caregiver- and child-reported questionnaires of family health behaviors, health-related quality of life, nutrition/diet, body image, weight-related stigma experiences, parenting and family management, family dynamics, and parenting stress, that take approximately 90 minutes to complete. They will also participate in three interaction tasks of 4-5 min in duration each (total time <20 min) that are video recorded and later rated by facilitators on domains of parenting, child behavior, and child emotional adjustment. The child will also be weighed, measured, and complete a body composition assessment in the home using an electronic scale used by the study assessors (Community Health Worker). At 3 months into the study, all families will be administered a brief ecological assessment consisting of selected caregiver and child report questionnaires concerning diet/nutrition, family health behaviors, parenting, and physical activity. They will also complete

1 interaction task.. At 6-month and 12-month follow-ups, families will complete the same list of questionnaires in the full ecological assessment battery and the 3 family interaction tasks (also video recorded). The child will also be weighed, measured, and complete a body composition assessment. In addition, electronic health record reviews will be conducted to obtain information about patient contacts in the agencies and the service utilized. Families will be compensated for their participation in the study.

Populations served:

Pediatric patients at participating clinics ages 5.5–12 at the time of recruitment meeting one of two criteria based on BMI alone or in combination with CRF (BMI≥95th percentile for age and gender OR BMI 85th to 94th percentile with identified risk; risk identified through electronic health records) will be eligible to participate with two exceptions: Children with special health needs that preclude engagement in weight management behaviors (e.g., g-tube dependence, nonambulatory) and children who are in state custody without a designated caregiver that can attend the two sessions of the FCU4H (e.g., child in a youth detention facility).

Locations where services are offered:

PCH, Valle del Sol FQHC and Terros FQHC.

Agencies and organizations currently working with:

- PCH
 - Valle del Sol
 - Terros
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Organization Name: St. Mary's Food Bank Alliance

Address: 2831 N. 31st Ave. Phoenix, AZ 85009

Main Phone Number: 602-242-3663

Contact Person: David Martinez III

Title: Advocacy & Outreach Specialist

Email: dxmartinez@firstfoodbank.org

Phone Number: 602-343-2554

Contact Person: Terra Masias

Title: Food and Nutrition Program Manager

Email: Tlmasias@firstfoodbank.org

Phone Number: 602-343-3124

Brief Summary of Organization:

St. Mary's Food Bank Alliance, the world's first food bank, is a non-sectarian, nonprofit organization that alleviates hunger by efficiently gathering and distributing food to the hungry. Serving two-thirds of Arizona's 15 counties, the organization is committed to volunteerism, building community relationships and improving the quality of life for Arizonans in need.

Organizational Goals:

TO ALLEVIATE HUNGER THROUGH THE GATHERING AND DISTRIBUTION OF FOOD WHILE ENCOURAGING SELF-SUFFICIENCY, COLLABORATION, ADVOCACY AND EDUCATION.

Programs and Services offered:

Emergency Food Boxes, Community Kitchen, CK Catering, Child Nutrition Programs, Mobile Pantry, Citrus Gleaners

Populations served:

Serving two-thirds of Arizona's 15 counties.

Locations where services are offered:

3131 W. Thomas Rd. Phoenix, AZ 85009
13050 W. Elm St. Surprise, AZ 85378
<http://www.azfoodbanks.org/index.php/foodbank/index/>

Agencies and organizations currently working with:

We partner with agencies in ten of Arizona's 15 counties:
<http://www.azfoodbanks.org/index.php/foodbank/index/>

Organization Name: University of Arizona Nutrition Network (UANN) – Maricopa

Address: University of Arizona, Maricopa County Cooperative Extension, 4341 East Broadway Road, Phoenix AZ 85040

Main Phone Number: 602-827-8200

Contact Person: Dotty Spears
Title: Program Manager
Email: spears@email.arizona.edu
Phone Number: (602) 827-8292

Contact Person(s): Anne Cimarelli-Stears
Title: Nutrition Communication and Education Dietitian
Email: cimarell@email.arizona.edu
Phone Number: (602) 827-8234

Brief Summary of Organization:

The University of Arizona Nutrition Network (UANN) – Maricopa is part of the College of Agriculture and Life Sciences at the Cooperative Extension in Maricopa County. We provide education and resources, consistent with the current Dietary Guidelines for Americans and MyPlate, to persons eligible for the

Supplemental Nutrition Assistance Program (SNAP). We offer free, budget-friendly and time-saving resources and education to help individuals and families eat healthy and be active.

Organizational Goals:

Our Mission is to positively influence nutrition and physical activity behaviors of Maricopa County youth, families, and adults, and our Vision is healthier individuals and families in our communities. We promote healthy eating and physically active lifestyles, and help individuals in our communities lead healthier lives. Participants will learn to build a healthier lifestyle through smart shopping, healthy cooking, and active living.

Programs and Services offered:

Eligible individuals in the community are reached by Food Systems, Active Living, and School Health teams for comprehensive interventions that incorporate policy, systems, environment (PSE) and Direct Education approaches.

FOOD SYSTEMS

Coordinates with food growers, pilots farm stands, and provides technical assistance to community site leaders in the management of the farm stands.

Promotes school, community, and home gardens by utilizing their expert Master Gardeners to provide technical assistance and training workshops in the installation and maintenance of gardens.

Provides trainings and knowledge exchanges connecting successful food cooperatives to UANN partner organizations interested in developing new food cooperatives.

Collaborates with the Arizona Department of Education (ADE) Farm to School Program to provide technical assistance to the Roosevelt School district in implementing the program with the South Phoenix Farming Cooperative.

Supports the Summer Food Service Program (SFSP) through partnerships with program managers in promoting the SFSP with SNAP-eligible participants

Recruits prospective farmers interested in growing and selling healthy foods at SNAP-eligible locations.

Provides trainings and technical assistance on crop to these growers' production, culturally-appropriate foods, and accepting SNAP/WIC benefits.

ACTIVE LIVING

Partners with the City of Chandler, City of Phoenix Parks and Recreation, and the Salt River Pima Maricopa Indian Community (SRPMIC) to identify existing physical activity resources as well as gaps.

Engages in private and public partnerships to provide resources such as equipment, facilities, and exercise instruction that allow SNAP-eligible participants at these sites to engage in existing physical activity opportunities.

Collaborates with partners to offer ongoing free and/or low cost activities at qualified parks, hiking and walking trails, community recreation centers, public housing, and school sites.

SCHOOL HEALTH

Works with school administrators to initiate or catalyze active School Health Advisory Committees (SHACs).

Leverages resources and services to support existing SHACs' wellness activities and the implementation and/or revision of local wellness policies.

Conducts trainings with school and school district leadership on comprehensive physical activity programs.

Collaborates with schools and/or school district leadership to plan and implement new physical activity programs and provides complementary direct education.

DIRECT EDUCATION

Implements lessons from that are a series or single sessions, sourced from approved nutrition and/or gardening curricula.

Provides curricula-related activities including food demonstrations, educational booths, hands-on activities, and physical activity.

Trains staff at participating sites to incorporate approved curricula.

Populations served:

SNAP- Eligible populations in greater Maricopa County. (SNAP is the USDA funded Supplemental Nutrition Assistance Program).

Locations where services are offered:

Designated SNAP-eligible sites throughout greater Maricopa County, including public housing, schools, after school programs, summer food service programs, gardens, farmers' market and farm stands, food banks, SNAP offices, WIC offices, community centers, recreation centers and the Salt River Pima Maricopa Indian Community.

Agencies and organizations currently working with:

- Arizona Nutrition Network
 - Department of Economic Security (DES)
 - Expanded Food and Nutrition Program (EFNEP)
 - Farmers' Markets
 - Food Banks
 - Head Start
 - Maricopa County Department of Public Health
 - Native American Connections Organization
 - Salt River Pima Maricopa Indian Community (SRPMIC)
 - Summer Food Service Program (SFSP)
 - University of Arizona Master Gardeners
 - Women, Infants, and Children Program (WIC)
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If you would like to add your organization to the Community Resource Guide for Providers, please fill out the template and send your information to Emily Flanigan at Kohl's Fit at eflanigan@phoenixchildrens.com.

Organization Name:

Address:

Main Phone Number:

Website:

Contact Person:

Title:

Email:

Phone Number:

Brief Summary of Organization:

Organizational Goals:

Programs and Services offered:

Populations served:

Locations where services are offered:

Agencies and organizations currently working with: